

Welcome to CONNECT! The CONNECT team aims to offer staff the opportunity to enrol on various training opportunities which would help you to support and develop student wellbeing & mental health whilst working in your student facing role. This flow chart demonstrates what you can expect from CONNECT in UWTSd.

1. After reading the information in this document we invite you to complete your expression of interest on the website via the “Apply Now” button.



2. The CONNECT Team will invite staff to undertake Mental Health First Aid (developed by Mental Health First Aid Wales) if they have either never completed this course or have completed the course more than 3 years ago. The university is able to offer the course for free in English and in Welsh.



3. Following training, all staff will be added to the Staff Connector teams channel in the university to be kept up to date with all things student wellbeing and mental health. Staff from all departments are encouraged to share information, events and knowledge in this channel.

You will then have the option to book on to any other training opportunities or events that your university currently offers. If you would like details please see information posted in the Staff Connector Teams channel and/or visit the events page https://connect-wellbeing.wales/events?institution=swansea_university&category=workshops. Alternatively you may email cysylltu-connect@uwtsd.ac.uk